



Discover Grace

Discover Grace - Sunday January 27, 4PM is your chance to learn from our leadership about Grace's mission and ministries, ask questions, and see how you can get involved. Dinner for all attendees and childcare for ages 4 and under will be provided. Kids 5+ have their own class. See Pastor Mark to sign up.



Children's Baptism Class Begins January 16

The next Children's Baptism Class begins January 16! If your child is ready to take the next steps toward baptism please sign-up by emailing Marie Humston at mhumston@gracehome.org.



Children's Choir Begins January 22

Children's Choir will begin practice and preparation for their upcoming Spring musical on January 22 at 6PM in the Music Suite. To sign up, get cell phone alerts or for more info, email gbcchildrenschoir@gmail.com.

News from Grace

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"But grow in the grace and knowledge of our Lord and Savior Jesus Christ"

- 2 Pet 3:18

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Over 50 Exercise Class

Are you over 50 and interested in improving your strength, balance, and flexibility? There is an exercise group that meets at 10AM each Monday, Wednesday and Friday in the Chilton Room. This group is participant led and adheres to the Poised Exercise program. It's not too strenuous, it's fun, and it works! We would love for you to join us so bring some water to drink and if you would like to use them a set of 2-5lb weights for wrists and/or ankles. Let's work together to improve your health and safety. We'd love to have more participants! Questions? Call Betty St.Cyr at 703-680-4345.



Marriage Seminar - February 22 & 23

If you're married or about to be married, we've got a weekend for you!! On Friday, February 22 at 7PM Grace is hosting a special night of comedy with author, speaker, comedian, Dr. Michael Smalley! On Saturday, February 23, beginning at 9AM, Dr. Smalley will be joined by his wife, Amy, to lead married/engaged couples through a marriage seminar where participants will discover:

- How to resolve conflict
- The best way to ignite passion and romance
- Exactly why couples get stressed & how to overcome it
- A simple way to start any difficult conversation
- Just one word that will absolutely change everything

Mark your calendars NOW! You and your spouse will not want to miss a moment of this exciting weekend event!

Stay tuned for more information!



Help NorthStar Move Saturday!

The NorthStar Church Network main office is moving to a new location and is asking for help moving this Saturday.

Help our staff as we move our administrative office from The United Baptist Church to Manassas Baptist Church. We will be splitting up the day between loading up the trucks in Annandale and unloading the trucks in Manassas. Plan to come to the location that is most convenient for you and help for a few hours. We would like one team of volunteers to load the trucks and one team to unload. Meals will be provided at each location. See below for all the details.

If you are able to help, please email Bryan Jones at bjones@northstarcnet.org and let us know if you will be helping with the loading team or unloading team.

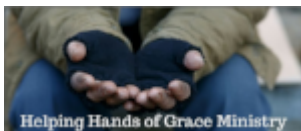
Saturday, January 12, 2019

8:00 AM - 11:00 AM Load the trucks at The United Baptist Church

(7100 Columbia Pike, Annandale, VA 22003)

12:00 PM - 3:00 PM Unload the trucks at Manassas Baptist Church

(8730 Sudley Road, Manassas, VA 20110 - this is the former middle school building)



Helping Hands of Grace Serving

Thank you to the small groups that signed up in December and January:

AHG & Trail Life

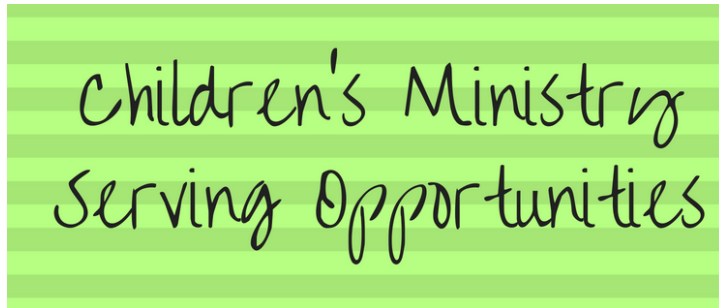
GIFT Small Group

Classical Conversations

12th Grade Small Group
Shannon Small Group
Colgan Lax Team (Moas)
BHE Beta Club

Thanks for your service to our homeless guests!

Email Helping Hands of Grace at
helpinghandgracebaptist@gmail.com for more information or click
[here](#) to sign-up to serve.



Serving Opportunities on Sunday Mornings

Children's Ministry has serving opportunities at

9:40AM for Babies Room Leaders (2)
9:40AM for a Kindergarten Teacher
9:40AM for a 2nd Grade Teacher
9:40AM for a 4th Grade Assistant

Training & Curriculum are provided. For more information or to
volunteer, email Nancy Turner at nturner@gracehome.org.

Childcare Protection Training

The next Childcare Protection Training will be on January 20, 2019
at 12:30PM in B104. If you are serving in Children's Ministry or
planning to serve in this area and have not had this training please
email Nancy Turner at nturner@gracehome.org to sign up!



Where do you belong?

Where do you belong? - We believe that being part of a group
where we can share life together and grow in our faith is so
important to the life of a believer. We have over 35 groups at our
church where adults share life and build relationships, learn what

the Bible says about living and working in our world, and caring and reaching out to others. Over the next few weeks, we are praying that all who attend Grace will commit to taking this important step to connect with a small group. Starting on January 19-22, new small groups will begin and existing groups will be starting to study new topics and books. Email Pastor Kirk at khorton@gracehome.org for more information, or see him in the foyer after the Worship Service.

My Brother's Keeper Breakfast THIS Saturday

The Men's breakfast is this Saturday at 8:30AM in the Fellowship Hall. For more information on the breakfast and the Men's Ministry click [here](#) for the link to their newsletter.

Serving Opportunities with Trail Life

Grace sponsors Trail Life Troop VA-2318, which works to guide generations of courageous young men to honor God, lead with integrity, serve others, and experience outdoor adventure. Our troop is in need of both spiritual mentors and Trail Badge mentors. Trail Badge mentors are adults who assist and guide our Trailmen in learning and developing knowledge in a broad range of academic areas and physical activities. Moderate expertise or skill in a subject is usually enough to gather the necessary knowledge for the Trailmen to learn and complete the trail badge requirements.

In addition to badge work, Trail Life has a requirement for spiritual growth. The shape and concept of this growth look different at different ages. For grades K-5, the growth is mainly done as a father/son (or family) devotional. Once the Trailmen enter middle school, the devotional shifts towards a group of father/sons - similar to a Sunday morning small group. Once the Trailman enters high school, the goal is to do a one on one devotional with another Godly man. The desired commitment is for at least three months (ideally, 12 one hour meetings) to develop and foster a habit of regularly studying God's word.

If you are interested or have any questions about being a Spiritual or Trail Badge Mentor, please contact Thomas Johnson at 703-232-2748, or thomasajson@comcast.net. We thank you for your consideration!

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